



IF LIFE WERE TO CHANGE overnight due to a critical illness, and you had to stop working to focus on your health, have you thought about what financial support you have in place? In 2016, we paid out £181 million in critical illness claims to over 2,788 people who were in that position. So you can trust us to be there when it matters most. It's just another reason why our customers tell us we're easy to deal with.





▶ WHAT IS A CRITICAL ILLNESS?

You've probably heard the term, but what is a critical illness?

Broadly speaking, a critical illness is a state of severe ill health, which is very likely to affect a person's lifestyle. Illnesses such as cancer, strokes or multiple sclerosis (MS) are amongst the more commonly known critical illnesses.

Not all critical illnesses are covered under a critical illness policy, and limitations and exclusions apply. For example not all types of cancer are covered under our critical illness plans. For full details of what is and isn't covered please refer to the policy terms and conditions.

REASONS TO CONSIDER CRITICAL ILLNESS COVER.

It helps to ask yourself a few tough but important questions:

- What financial support do you have in place if you had to stop work due to a critical illness? Now consider what would happen if you couldn't return to work?
- How would you cope if a partner or someone you depended on financially were diagnosed with a critical illness? How would they cope financially if it happened to you?
- Could your family continue with the lifestyle they're accustomed to without you? Who would pay the household bills and daily living expenses?



“WHAT FINANCIAL SUPPORT DO YOU HAVE IN PLACE IF YOU WERE DIAGNOSED WITH A CRITICAL ILLNESS?”



➤ COULD IT HAPPEN TO ME?

THE FOLLOWING RELATES TO PEOPLE LIVING IN THE UK.

CANCER

BREAST CANCER

- In the UK, breast cancer is the second most common cause of death from cancer in women after lung cancer.
- Research showed that over 80% of people diagnosed survived for at least 5 years.

TESTICULAR CANCER

- Testicular cancer is the most common cancer in men aged 25–49 in the UK.
- Research showed that 98% of people diagnosed survived for 10 years.

Survival Fact – Cancer survival rates have doubled in the last 40 years. Cancer Research UK 2015

“This past month has been unbelievably difficult. Legal & General’s processes and procedures have been simple and empathetic Thank you.”

Testimonial from a Legal & General customer 2015.

HEART ATTACK

- There are up to 175,000 heart attacks in the UK each year
- Men are two to three times more likely to have a heart attack than women.

Survival Fact – The number of fatal heart attacks in England has halved in the past 10 years. Department of Health 2013

“The time it takes to recover from a heart attack will depend on the amount of damage to the heart muscle. Some people are well enough to return to work after two weeks. Other people may take several months to recover.”

NHS Choices 2015



STROKE

- Every year around 152,000 people have a stroke (one every three and a half minutes)
- One in four strokes occur in people under 65 (including children and babies)
- Largest cause of adult disability.

“The injury to the brain caused by a stroke can lead to widespread and long-lasting problems. Although some people may recover quite quickly, many people who have a stroke will need long-term support to help them manage any difficulties they have and regain as much independence as possible.”

NHS Choices 2015

MULTIPLE SCLEROSIS (MS)

- MS is not a fatal condition
- Around 100,000 people currently live with the disease
- Most often diagnosed in people in their 20s and 30s
- Approximately three times as many women have MS as men.

“There are a variety of benefits for people with disabilities, care needs and for those caring for other people. However, finding out about eligibility and getting appropriate help to make a claim is not always a straightforward process.”

Multiple Sclerosis Trust 2015

Age restrictions apply to our Critical Illness Cover Plans.

▶ MORE PEOPLE ARE SURVIVING CRITICAL ILLNESSES.

Advances in medical science, improved hospital care and the fact that people are generally leading healthier lifestyles means that the number of people surviving critical illnesses has increased significantly over recent years.

This also means that more and more people may need some form of financial support to help them during their treatment, recovery and in some cases, to help them live with their illness.

HOW CAN CRITICAL ILLNESS COVER HELP?

Our Critical Illness Cover plans pay out if you are diagnosed with one of our defined conditions or if you die and are eligible to claim, during the length of the plan.

You can find full definitions for these illnesses in our Guide to Critical Illness Cover and the Policy Terms and Conditions.

CRITICAL ILLNESS COVER FOR YOUR CHILDREN

If you have children, or hope one day to have them, they will be covered at no extra cost from when they are 30 days old to their 18th birthday, or 21st birthday if they're in full time education. If they become critically ill with one of our defined conditions*, a payout could provide you with the financial support to help care for your child at home. This could help if you need to take time off work or modify your home to help with rehabilitation.

*excluding total and permanent disability

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